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Register Today

May 23, 2012

Four Seasons Hotel

791 West Georgia Street, Vancouver

Registration / Breakfast 7:30 am

Seminar 8:00 to 9:00 am

Pre-registration required.

Pricing

\$65.00 - Members

\$85.00 - Non-Members

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CSMPS presents

Carla Rieger

Wednesday May 23, 2012

The Artistry of Change: The Top 3 Mindsets of Highly Resilient People

During this entertaining and practical presentation you will explore habits to:

- re-connect to your natural human ability to thrive in high pressure environments
- build greater resources to move past rejection and setbacks
- eliminate self-defeating beliefs and instill self-affirming ones instead

The Artistry of Change® is an innovative approach that blends diverse fields such as educational kinesiology, self-hypnosis, change management theory, creative process models, and neuroscience. Witness how these fields are merging in exciting ways to produce the new 'workplace artistry'.

CARLA RIEGER is an expert on how to reprogram yourself for better clarity, confidence and resilience. She is the director of The Artistry of Change; a consulting firm based in Vancouver since 1991 and has written four books on change, creativity, conflict resolution, and presentation skills, and is a regular columnist for several publications. In addition, she has over 15 years of experience in the performing arts, specifically comedy. She has spoken to over 2000 groups internationally of up to 4000 people. As a frequent speaker, trainer, author and coach, Carla helps people handle workplace challenges with grace and ease.

Joan Carter, Director
JCarter@kwl.ca

Marie Rice, Director
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Cancellation Policy

Due to the financial commitments CSMPS must incur to provide our members with quality programming, cancellations are accepted until 3 business days prior to the event. No-shows and cancellations after this deadline will not be refunded. Thank you for your understanding and respect for this policy.

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